

#Blessed Series
Week 2 outline
10.17.21
Mt 5:4

BLESSED ARE THOSE WHO MOURN, FOR THEY WILL BE COMFORTED

I. Re-defining Blessing

A BLESSING IS ANYTHING GOD GIVES THAT MAKES US FULLY SATISFIED IN HIM,
ANYTHING THAT DRAWS US CLOSER TO JESUS, ANYTHING THAT HELPS US
RELINQUISH THE TEMPORARY AND CLING TO THE ETERNAL -j.stott

A. The Big Picture

The blessings in the Beatitudes are...

1. the most recognized, least understood, and lesser followed teaching of Jesus
2. In context of the entirety of scripture. CREATION, FALL, REDEMPTION, RESTORATION
3. not describing 8 different people

B. Jesus' Description of The Blessed Person (Mt 5:4)

"Blessed are those who mourn, for they will be comforted."

1. happy are those who are sad
2. why? because they will be comforted.

II. Dancing, Mourning... Mourning to Dancing!

A. Why should we mourn?

1. mourning leads to repentance, without repentance we...
 - a. have damaged relationships
 - b. are slaves to sin (JAMES 1:14-15)
2. mourning leads to freedom
 - a. freedom from sin
 - b. freedom to choose
3. mourning leads to comfort

Psalm 34:18 - The Lord is close to the brokenhearted and saves those who're crushed in spirit.

B. How do we mourn?

1. Lament
 - a. recognize we have sin (Blessed are the poor in spirit) Mat 5:3
 - b. see it, confess it, give it to Jesus
2. Repent
 - a. turn 180 degrees and go the opposite direction!
 - b. kill it, break up with it, leave the dance floor.
 - there's power in the word NO! (James 4:6-8)
 - take every thought captive (2 Corinthians 10:3-5)
 - c. receive forgiveness and walk in freedom!

WE CAN'T MOURN OUR SIN IF WE WON'T LET IT GO

C. Benefits of mourning

1. restored relationship with God
2. freedom from sin which binds
3. more effective in God's Kingdom

Matthew 11:28-30 - 28 "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."

Mourning leads to Repentance

**Repentance restores our relationship with God
Frees us from the sin that binds us
and sends us in freedom to set others free!**