

Bulletproof & Perfect Series

Week 1 outline

4/28

"YOU GOTTA DO IT ALL AND DO IT PERFECTLY": Lies of Shame & Failure

I. The Good, the Bad, and the Ugly Peter

A. Peter's Calling -Luke 5:1-11

1. A Man and his Boat
-Luke 5:1-7
2. A Recognition of Holiness
-Luke 5:8
3. A Call to Follow
-Luke 5:9-11

B. Peter's Journey

1. A Walk on Water: Mt 14:28-29
2. A Mountaintop Experience: Mt 17:4
3. A Proclamation of Identity: Mt 16:15-16
4. A Foot Washing: Jn 13:6-9
5. A Promise to Follow: Mt 26:33-34
6. A Swing of a Sword: Jn 18:10

C. Peter's Denial

1. Denial Number 1: Luke 22:54-57
"Woman, I don't know him,"
2. Denial Number 2: Luke 22:58
"Man, I am not!"
3. Denial Number 3: Luke 22:59-62
"Man, I don't know what you're talking about!"

II. The Shackles of Shame

Shame can be ruthless in its attack

A. What it Tells Us?

We can experience shame when
the thing we've done...
or the things we've failed to do...
or the things that have even been done TO us...
-become who we believe WE ARE.

B. The Difference Between Guilt and Shame

1. We experience guilt for the wrongs we make...
-healthy sorrow leads to holy conviction and godly repentance
2. We internalize shame for who we are...
-unhealthy shame carries scorn, brings condemnation and causes us to run from God

We experience guilt for the wrongs we make,
But when we EXPERIENCE SHAME, it's an attack on WHO WE ARE

C. When We Listen

Shame Shackles us to the
fear of being:

1. a failure
2. vulnerable
3. forsaken
4. genuine
5. cheated

Shame leaves us to
a life of:

1. inadequacy
2. isolation
3. hopelessness
4. disguise
5. offense

The Lies of
Shame cause us to:

1. stop short
2. pull away
3. think it's all a waste
4. put on a mask
5. blame others

III. Freed through the Cross of Christ

A. "And Peter" (Jn 21:1-19)

1. "I'm going fishing" (vs 3)
-Shame tempts us to return to the life we knew before Christ.
2. "We'll go with you" (vs 3)
-We have a personal Savior, but he calls us to a community of believers.
3. "He called out to them" (vs 5)
-Jesus sees who we are, and pursues us exactly where we are.
4. "it's the Lord!" (vs 7)
-We all need a friend who can point out Jesus when they see him.
5. "Jumped into the water" (vs 7)
-When shame causes us to run FROM Jesus, He calls us to do the opposite.
6. "a fire of burning coals there with fish on it, and some bread" (vs 9)
-Jesus meets us where we are, and speaks to us in ways we can understand.
7. "bring some fish that you caught" (vs 10)
-Jesus invites us to the table, not only as recipients, but as participants.
8. "Simon, son of John" (vs 15-17)
-Jesus not only speaks to who we think we are but also calls us back to who He says we are.
9. "Do you love me, then feed my sheep" (vs 15-17)
-Jesus calls us to respond to his love with practical faith.

B. OUR TRUTH!

*"looking to Jesus, the founder and perfecter of our faith, **who for the joy that was set before him endured the cross, despising the shame**, and is seated at the right hand of the throne of God. "*

—Heb 12:2

SHAME MAY BE RUTHLESS IN IT'S ATTACK
BUT CHRIST IS RELENTLESS IN HIS PURSUIT

Shame says
"you're a failure"
But on the Cross, Christ tells us
"it is finished!"

C. The Cross of Christ frees us.

1. Establishing us IN Joy
-Rom 15:13
2. Renewing us FOR Relationship
-2 Cor 5:17
3. Redeeming us BY Grace
-Eph 2:8-9
4. Liberating us WITH Peace
-Phil 4:7
5. Commissioning us TO Forgive
-Eph 4:32

D. A Step Towards Hope

Rom 5:3-5

" 3 Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, 4 and endurance produces character, and character produces hope, 5 and hope does not put us to shame, because God's love has been poured into our hearts through the Holy Spirit who has been given to us."