

COURAGEOUS Series

Week 9 outline

Nov 15, 2020

1 Peter 5:1-11

Finding Humility and the Freedom from Anxiety

I. His Gospel Humbles Us (Clothed in Humility; 1 Peter 5:1-5)

A. The Practice of Humility

1. Those who are Elders, shepherd renouncing any cause to exalt yourself
 - a. As a fellow elder and witness
 - b. Be shepherds: willingly, eagerly, as examples to the flock
2. Those who are Younger, submit resisting any desire to glorify yourself
 - a. "In the same way": "Likewise"
-in following the example set before you
 - b. Be subject to the authority of the elders

B. The Necessity of Humility

1. All of you: CLOTHE in humility
 - a. Clothing is one way in which we communicate
 1. who we are; 2. where we come from; 3. what our climate is like
 - b. The one uniform for the Church is humility
2. The Gospel Humbles us (Philippians 2:5-11)
 - a. Transforming us:
 1. Created by God who loves us, broken by sin that separated us
 2. Saved by Grace that frees us, restored through faith that sends us
 - b. Redeeming us:
 1. We're way worse than we ever thought and way more loved than we ever imagined
 - c. Re-centering us:
 1. Once thinking *LESS* of ourselves; now thinking of ourselves *LESS*
 2. Once caring less *FOR* ourselves; now caring less *ABOUT* ourselves

C. The Condition of Humility

1. Humility is the tiller of the soul
-it enables us to receive grace rather than what we deserve (eternal death)
2. Being humble isn't a way to merit grace, it says "I can't live without grace"

PROUD PEOPLE ARE LEFT WORKING
HUMBLE PEOPLE ARE SENT WORSHIPING

II. His Grace Frees Us (Cast all your Anxiety; 1 Peter 5:6-9)

A. Cast: all your anxiety on him because he cares for you

1. "Cast": "to throw or place upon"

- 2 occurrences in the N.T. (1 Peter 5:7; Lk 19:35-36)
- 2. "Anxiety": an overdeveloped sense of the situation met with an underdeveloped sense of our own ability to cope
- 3. "Because he cares for you"

B. Don't take the Bait

- 1. "Be alert and sober minded"
 - a. "Alert": Have a clear mind to exercise self-control
 - b. "Sober-minded": free from illusion; to keep your wits about you
- 2. There is an enemy, the Devil (vs 8)
 - a. His Line: a lie
 - b. His Hook: fear and shame
 - c. His Bait: offense
- 3. But greater is he that is in me than he that is in the world (1 John 4:4)
 - a. "Resist him": literally "hold your ground"
 - b. "Stand firm": be steadfast
 - c. "Remember ": "you know the family of believers"

PROUD PEOPLE ARE STUCK WORRYING
HUMBLE PEOPLE ARE SENT WORSHIPING

III. His Dominion Equips us (Called to His Glory; vs10-11)

"After you have suffered for a little while, the God of all grace, who called you to His eternal glory in Christ, will Himself perfect, confirm, strengthen, and establish you " (1 Peter 5:10, NASB)

A. He has Called us:

- 1. by God's grace
- 2. to His eternal glory
- 3. in Christ Jesus
- 3. after you have suffered a little while

B. He will make us:

- 1. Restored -We are made perfect, mended, completed, and equipped by his strength not our merit
- 2. Confirmed -We are turned resolutely in his direction by his strength not our works
- 3. Strengthened -We are made strong in order to be mobilized for his kingdom not our own
- 4. Established -We are grounded on the solid foundation of Jesus Christ and no one else

PROUD PEOPLE ARE LEFT WONDERING
HUMBLE PEOPLE ARE SENT WORSHIPING