

Garden.Wild.City Series  
week 1 outline  
8.5.18

**LEARNING JESUS' RYTHM OF DISCIPLE-MAKING**

**I. Out of Step**

**A. Incomplete Perceptions of Discipleship**

1. Discipleship is Something we Learn  
- "It's all about studying"
2. Discipleship is Something we Feel  
- "It's all about experiences"
3. Discipleship is Something we Do  
- "It's all about outreach"

**B. Unintended Results from Unhealthy Rhythms**

Without developing healthy rhythms of following Jesus, we can easily develop:

1. a consumer-mentality that leads to ATROPHY
2. a victim-mentality that leads to ISOLATION
3. a hero-mentality that leads to BURN-OUT

**II. A Better Rhythm: Jesus' model:**

**A. Jesus prayed in the garden (CALLED FOR RENEWAL)**

-Mark 1:35

*And rising very early in the morning, while it was still dark, he departed and went out to a desolate place, and there he prayed."*

-Luke 22:39-41

*39 And he came out and went, **as was his custom**, to the Mount of Olives, and the disciples followed him.*

**B. Jesus was tested in the wild (LED TO STRENGTH)**

-Mt 4:1-11

*1 Then **Jesus was led up by the Spirit into the wilderness** to be tempted by the devil.*

**C. Jesus wept for the city (SENT WITH PURPOSE)**

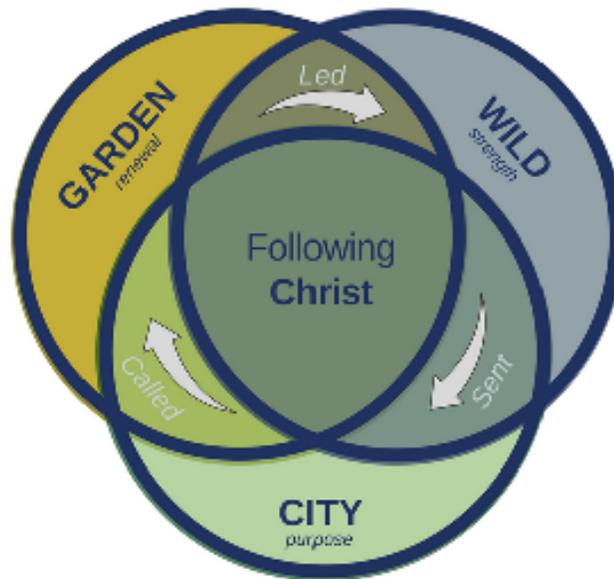
-Lk 19:28-44

*41 And when he drew near and saw the city, **he wept over it,***

**III. Coming into Rhythm with Jesus**

**A. Our Passions, Personalities, and Pasts**

Unsustainable rhythms to our lives stunt our growth, sever our relationships, and cripple our direction.



## B. Our Renewal, Strength, and Purpose

As we learn to follow Christ we're taught:

1. The voice of the Father calling us into the **GARDEN** for renewal
  - growing a deep-rooted faith that SUSTAINS us
  - instead of stunting our growth
2. The direction of the Spirit leading us into the **WILD** for strengthening
  - developing a wise faith that PERSEVERES in us
  - instead of severing our relationships
3. The heart of the Son sending us into the **CITY** for purpose
  - maturing a compassionate faith that WORKS through us
  - instead of crippling our direction

## C. Digging Deeper

As Jesus-followers we are continually learning to move into all three arenas of spiritual life: not just one.

1. THERE IS VALUE IN BEING THERE
  - As you consider each area, what might be some valuable lessons to learn from experiencing each one?
2. THERE ARE CATALYSTS FOR GOING THERE
  - What might be some catalyst or ways in which you've seen God move you into and out of one of these areas in your own past?
3. THERE IS DANGER IN STAYING THERE
  - How have you seen your avoidance of one path or attempts to remain in another rhythm hinder your growth as a follower of Jesus?