

INSIDEout Series  
Part 2, week 5 outline  
4.18.21  
Romans 8:1-17

## LIFE IN THE SPIRIT

LIFE IN SPIRIT IS A LIFE OVERCOME, IS LIFE STILL TO COME,  
AND A LIFE THAT IS NOW BECOMING ...WHAT ON EARTH DOES THAT MEAN?

### I. In the Power of God, Atonement of Christ, and Freedom of the Spirit (vs1-4)

- A. In Christ, there is liberation, not condemnation
- B. The Gospel (the Law of the Spirit of Life) has freed us from the law's curse
  - 1. He sent His Son, through the incarnation and took our place through His atonement
  - 2. He gave us His Spirit through whose power enables us to live according to Him
    - the full purpose in the incarnation and atonement of Christ was not only for eternal justification, but also for present sanctification

WE HAVE BEEN JUSTIFIED THROUGH HIS SON  
AND ARE BEING SANCTIFIED THROUGH HIS SPIRIT

We cannot separate "life in the Spirit" from "life in Christ" or "life with God". The Trinity is inseparable and irreducible. Whatever the Father does, he does through the Son, and whatever the Son does, he does through the Spirit. Wherever one is, so are the others.

LIFE IN THE SPIRIT MEANS:  
WE HAVE LIFE BY THE POWER OF GOD,  
THROUGH THE ATONEMENT OF CHRIST,  
WITH THE FREEDOM OF THE SPIRIT

### II. In Relationship with God, with the Mind Set on Christ, Governed by the Spirit (vs5-8)

- A. "according to the flesh" or "according to the Spirit"
  - 1. "flesh": Our fallen, ego-centric, human nature, our sin-dominated self
  - 2. "Spirit": here, the person of the Holy Spirit who regenerates and indwells His people
- B. "A mind governed by the Spirit" is a mind set on what the Spirit desires
  - 1. **Life** in relationship with God, as opposed to **death** and separated from him
  - 2. **Peace** in relationship with God, as opposed to **hostility** towards him
- C. Now to "set your mind" on the desires of the flesh or the Spirit
  - 1. what are my absorbing objects of thought, interest, affection, and purpose?
    - the questions that preoccupy us?
    - the ambitions that drive us?
    - the concerns that engross us?

LIFE IN SPIRIT MEANS:  
WE LIVE IN RELATIONSHIP TO GOD  
WITH OUR MINDS SET ON CHRIST  
AND GOVERNED BY THE SPIRIT

**III. According to God's Promise, in Christ's Resurrection, through the Spirit's Indwelling**  
(vs9-13)

- A. The Hallmark of an Authentic Believer is the Possession/Indwelling of the Holy Spirit
  - 1. -indwelling sin is the lot given to every child of Adam (everyone in the world)  
but indwelling Spirit is the privilege of all children of God (everyone in Christ)
  - 2. It's the Promise explained to us by Jesus himself  
**-John 14:15-20**  
*-“but you know him, for he lives with you and will be in you.”*
- B. If we have not received the Holy Spirit into our lives, we do not belong to Christ at all.
  - the gift of the Holy Spirit is an initial and universal blessing, received when we repent and put our faith in Jesus

LIFE IN THE SPIRIT MEANS:  
WE LIVE ACCORDING TO THE PROMISE OF GOD;  
BELIEVING IN THE RESURRECTED JESUS;  
RECEIVING THE HOLY SPIRIT INSIDE OF US

**IV. Children of God, Co-Heirs with Christ, Witnessed by the Spirit** (vs 14-17)

- A. Now Sons and Daughters, God welcomes us into his family
  - 1. through the full rights of adoption (adoption is final)
  - 2. along with brothers and sisters (vs12)
- B. As sons and daughters, God replaces fear with freedom
  - 1. Bridging the distance and bringing intimacy
  - 2. As our “abba, Father”
- C. As sons and daughters, we are now heirs of God and co-heirs with Jesus
  - sharing in his sufferings and sharing in his glory
- D. As sons and daughters, the Holy Spirit in us bears witness  
to this with assurance of our hope of glory

LIFE IN THE SPIRIT MEANS:  
WE LIVE AS CHILDREN OF GOD AND  
CO-HEIRS WITH CHRIST,  
EVIDENCES BORN WITNESS TO, BY THE SPIRIT