

LIFEtotheFULL Series

Week 2 notes

2.20.22

Mark 5:1-20

LIFE to the FULL

Jesus brings wholeness

"And then they came to Jesus and saw the man who had been demon-possessed sitting down, clothed and in his right mind... Mark 5:15

I. The Crazy Life we Live

A. Hurry is NOT a badge of honor

1. Hurry makes us anxious
2. Hurry makes us sick
3. Hurry makes us isolated
4. Hurry makes us fearful

HURRY IS THE ENEMY OF SPIRITUAL LIFE IN OUR DAY...
YOU MUST RUTHLESSLY ELIMINATE HURRY FROM YOUR LIFE. - Dallas Willard

B. 6,000 Voices we listen to

1. *We are being pulled in every direction.*
2. *We are being told how to experience life by:*
 - a. *the world*
 - b. *our culture*
 - c. *our friends*
 - d. *what about Jesus?*

WE WERE NOT CREATED TO BE HURRIED, SCATTERED, OR FULL OF FEAR
INSTEAD, LIFE TO THE FULL IS PEACEFUL, FOCUSED, AND PURPOSEFUL.

II. When crazy meets Jesus (Mark 5:1-20)

A. A life tormented by the voices (vs. 1-5)

- The man among the tombs experienced
 1. forced isolation
 2. constant wounding
 3. restless wondering

B. A recognition of true authority (vs. 6-10)

1. Jesus' authority is absolute
2. Jesus' authority is recognized by demons
3. Jesus' authority cannot be tricked or overcome

C. A submission and transformation (vs. 11-14)

1. Demons cast out, mans tormenting was over
2. Even the demons were shown mercy
3. Jesus power was evident even though his ultimate victory was still yet to come on the cross

III. The Life For Which We Were Created

A. the man's transformation

BEFORE

wondering

naked

unable to block out the voices

NOW

sitting

clothed

in his right mind

B. WE are changed by Jesus' power and authority (Vs. 15-17)

1. Life to the full is only found in submitting to Jesus (vs. 15)
2. Jesus is the only one who can calm our storms (vs. 16)
3. Jesus' power and authority is offensive... how will you respond to it? (vs. 17)

WE WILL ALL ENCOUNTER JESUS' AUTHORITY AND POWER,
WILL YOU SUBMIT TO IT OR ASK HIM TO LEAVE YOU ALONE?

IV. A New Life's Purpose

A. Full Life is WITH Jesus, and also FOR Jesus, (vs. 18-19)

- Jesus knew the restored man would have an incredible impact on the region
- the restored man is TRANSFORMED by Jesus, then immediately SENT by Jesus

B. Full life is found in obedience to Jesus (Vs. 20)

- AND HE WENT AWAY... completely changed, with a story to tell
 - how are you stewarding your story?
- Obedience to Jesus doesn't lead to an "easy" life, but it always leads to a FULL LIFE

C. Full life is found by listening to ONE voice...

1. What do you do when life feels crazy? (Philippians 4:6-8)
2. How do you deal with confusing things? (John 8:32)
3. Where do you go when you aren't sure of the way? (John 14:6)

FULL LIFE IS FOUND IN JESUS
WHO RENEWS OUR MINDS, CALMS OUR HEARTS
REFRESHES OUR SOULS, AND GIVES US STRENGTH
AS WE FOLLOW AND SUBMIT TO HIM