

Navigating the New Normal Series
Week 1 outline
6.14.20
Mt 11:15-20

Gospel-Centered Life

I. Force Quit

A. Pre-Covid Life

1. Hurried
2. Superficial
3. Pacified

B. A System Wanting a Reboot

1. Disoriented
2. Dysfunctional
3. Distracted

IT WOULD BE A TRAGEDY TO RUN HEADLONG INTO THE OLD WAY OF LIVING
WITHOUT HAVING BEEN SHAPED FOR THE BETTER.

II. God-Gifted NOT Self-Helped

A. The Gospel isn't Self-Help

-It's a God gift that brings salvation to those who are helpless

B. Self-Help Christianity always leads to only Pride or Despair

JESUS ISN'T AN UPDATE TO OUR APPS
HE GIVES US AN ENTIRELY NEW OS

III. A New OS

A. We were created for:

- Daily Rhythm
 - that centers us in Jesus and his word
- Weekly Rest
 - that reminds us of God's work of sanctification in our life
- Seasonal Pace
 - that brings margin and health to all we do.

B. An Apprenticeship not a Degree (Matthew 11:25-30)

1. His Lessons:

- *"come to me"*
- *"take my yoke"*
- *"learn from me"*

2. His Instructions:

Jesus proclaims: *"my yoke is easy and my burden is light"*

Jesus' Yoke:

- Fits us For work
- Equips to walk
- Binds us together in Him

C. His Practice

- He is gentle (meek: able to exercise God's strength under His control)
- He is humble in heart (lowly: always God-reliant rather than self-reliant)
- His yoke is easy, burden is light

JESUS IS:

ALL THE POWER WITH NONE OF THE OPPRESSION,
ALL THE STRENGTH WITH NONE OF THE PRIDE,
ALL THE MIGHT WITH NONE OF THE HARSHNESS;
HE'S THE ONLY ONE WHO BRINGS REST TO OUR SOULS.