

Uncommon Life Series

Week 3 outline

9.11.22

Mark 6:45-52

HOW TO LIVE OUT OF CONTROL Relinquishing Control and Living a Surrendered Life

I. The Common Life Spent Straining At the Oars of Control...

- A. Makes us **Misjudge** our own Ability
 - vs 48- *"the wind was against them"* [hostile]
 - The desire for control is rooted in pride
- B. Tends to **Mistake** the Person of Jesus
 - vs 49- *"they thought he was a ghost"*
 - we mistake the real Jesus to be someone He's not
- C. Leads us to **Mistrust** the Character of God
 - vs 50- *"they were terrified"*
 - a wrong view of the person of God leads to mistrust of God
 - mistrust leads to fear
 - fear causes us to turn to manipulation
- D. Causes us to **Misunderstand** the Provision of God
 - vs 52- *"they had not understood about the loaves"*
 - we become unable to recognize or experience the provision of God at work in our lives
- E. Produces **Misery** for Everyone Around Us
 - vs 52- *"their hearts were hardened"*
 - we live with calloused hearts, numb to the work of the Holy Spirit and dulled to the needs of others, and miserable to be around

II. Jesus Invites us into an Uncommon Life with Him at the Helm

- A. **Jesus Made and Went...** *"immediately Jesus made his disciples get in the boat"* -vs 45
"he went up on a mountainside to pray" -vs 46
 - The storms of this life are not a surprise to Jesus. He created the sea, has power over the sea, and calls us into the sea for a purpose.
- B. **Jesus Saw and Went...** *"He saw the disciples straining at the oars"*
"Shortly before dawn he went out to them, walking on the lake" -vs 48
 - Jesus is not blind to our circumstances or unaware of our struggles.
 - God sees us exactly where we are and loves us.
- C. **Jesus Spoke and Climbed in...** *"Immediately he spoke to them and said, 'Take courage! It is I. Don't be afraid.' 51 Then he climbed into the boat with them, and the wind died down."* -vs 50-51
 - Jesus speaks to us in our time of need, and climbs in the boat with us

III. Moving From Life Straining at the Oars, to Life Surrendered to Jesus at the Helm

A. Get in the Boat and Grab an Oar

1. **Respond** -to the same God who created the wind and the waves. We can obey him with confidence that He is strong and He is good.
-Isaiah 45:6-7

B. Cut Loose Bad Anchors and Keep Watch

1. **Repent** -whenever our pride seeps in we call it out
-when unforgiveness tries to take root, we allow God to pull it so He can continue to soften our hearts
-1 John 1:8-9
2. **Recognize**- the faithfulness of God at work in our lives. He will fulfill His promise to provide exactly what we need.
-Moving from fear to faith happens one step forward at a time
we chose to work by faith when we are tempted to worry in fear
-Isaiah 41:10

3. **Rest** -learning the unforced rhythms of His grace

"Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

-Matthew 11:28-30 (Message version)

C. Loosen our Grip and Give Up The Helm

1. **Receive** - inviting him into our life and allowing him to lead
-Proverbs 3:5-6
2. **Relinquish**- surrendering control and trusting him
*Unless the Lord builds the house, the builders labor in vain.
Unless the Lord watches over the city, the guards stand watch in vain.
In vain you rise early and stay up late, toiling for food to eat—
for he grants sleep to those he loves.* -Psalm 127:1-2

THE COMMON LIFE IS STUCK STRAINING AT THE OARS

AN UNCOMMON LIFE IS LIVED ROWING WITH JESUS AT THE HELM